

AI in Clinical Trials: Regulatory & Guidance Reference Guide

AI-supported activities in clinical trials increasingly fall within existing expectations around GCP, computerized systems, data integrity, human oversight, and AI literacy. Organizations using AI within regulated workflows should ensure personnel understand the responsibilities, limitations, and governance expectations that apply.

For: Clinical Operations, QA, centralized monitoring, medical monitoring, data management, RBQM, IT, digital innovation, and capability-development teams responsible for implementing, governing, or overseeing AI-supported activities within regulated clinical trial environments.

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AI use in clinical trials is increasingly intersecting with existing expectations around GCP, computerized systems, data integrity, privacy, validation, and human oversight. While regulations continue to evolve, organizations already have responsibilities when AI-supported workflows influence **regulated activities, records, or decisions**.

This reference guide brings together key regulatory and guidance sources that help clinical trial teams understand the current landscape and support more **controlled, accountable, and inspection-ready AI use**.

Layer	Regulation / Guidance	Official Source	What it covers	Implication for AI use in clinical trials
Data Foundation	GDPR (EU)	https://eur-lex.europa.eu/eli/reg/2016/679/oj	Processing of personal data; privacy, security, lawful use	Do not enter personal or sensitive study data into unapproved AI tools
	HIPAA (US)	https://www.hhs.gov/hipaa/index.html	Protection of PHI; privacy, security, breach rules	Ensure AI use complies with PHI protection requirements
Clinical Trial Framework	ICH E6(R3) – Good Clinical Practice	https://www.ema.europa.eu/en/ich-e6-good-clinical-practice-scientific-guideline	Conduct of clinical trials; qualified personnel; data governance; computerized systems	AI-supported trial activities require appropriate oversight, accountability, and controlled use
Computerized Systems & AI	EMA Guideline on Computerised Systems and Electronic Data in Clinical Trials	https://www.ema.europa.eu/en/documents/regulatory-procedural-guideline/guideline-computerised-systems-and-electronic-data-clinical-trials_en.pdf	Computerized systems, electronic data, validation, user responsibilities, training, and explicit inclusion of AI within the computerized systems landscape	AI-supported systems in clinical trials require trained users, controlled processes, and documented oversight
AI Literacy & Governance	EU AI Act – Article 4 (AI Literacy)	https://digital-strategy.ec.europa.eu/en/policies/regulatory-framework-ai	AI literacy obligations for providers and deployers of AI systems	Organizations using AI should ensure personnel understand AI risks, limitations, and responsible use
AI/ML Governance	FDA / MHRA / Health Canada – Good Machine Learning Practice (GMLP)	https://www.fda.gov/medical-devices/software-medical-device-samd/good-machine-learning-practice-medical-device-development-guiding-principles	Principles for AI/ML lifecycle management, validation, transparency, and human oversight	AI systems should be fit-for-purpose, validated, transparent, and used under human oversight
AI Governance in Medicines	EMA Reflection Paper on AI in the Medicinal Product Lifecycle	https://www.ema.europa.eu/en/use-artificial-intelligence-ai-medicinal-product-lifecycle-scientific-guideline	Governance and scientific considerations for AI across medicines development and regulation	Expect increasing regulatory scrutiny of AI-supported activities within regulated environments
Data Integrity & Oversight	MHRA GxP Data Integrity Guidance	https://www.gov.uk/government/publications/guidance-on-gxp-data-integrity	Data governance, audit trails, risk-based controls, integrity expectations	AI-supported outputs affecting GxP records or decisions should remain reviewable, traceable, and controlled

AI Essentials for Clinical Trials

MyRBQM® Academy's **AI Essentials for Clinical Trials (GCP-Compliant)** certification helps clinical teams understand how AI can be used responsibly in GCP-regulated environments.

The 70-min, self-paced e-course is designed for professionals in Clinical Operations, QA, Data, Central Monitoring, Medical Monitoring, and study leadership who need a practical baseline before AI use becomes broader, faster, or harder to control.



[Access the eCourse on MyRBQM Academy →](#)

EMEA
Altenhöferallee 3
60438 Frankfurt am Main
Germany
t: +49 (0)61-924-701-1350

e: sales@cyntegrity.com

AMERICAS
220 Juana Ave
San Leandro, CA 94577
United States
t: +1 888.812.RBQM

w: <https://cyntegrity.com>